



## *Pastor's Corner*

Studies suggest that we are on the brink of the worst mental-health crisis in decades. There are many contributing factors to these results. Genetics, addiction, stress all can be linked to this increase, but Dr. Jean Twenge has another consideration. In her book "IGEN" she argues that smart phones and social media were the most likely cause of the sudden increase in mental health issues among teens and backs it with data. The increase started in 2007, which was the same time as the introduction of the iPhone, but which became more pronounced after 2012, which is the date that the penetration of smart phones reached 50 percent in this country.

She shows historical charts connecting how the rates of depression, unhappiness, suicide, and related pathologies rose dramatically beginning in 2012. Also, important to note is that the negative impacts on mental health were not content specific. This means it does not matter if we are researching history or theology, watching a YouTube video on how to fix an appliance, or seeing who has the most likes on social media. Increased use has a direct impact on increased mental health issues.

So how do we deal with this? Obviously, they are a part of our society now, but we need to be mindful of our use of them and perhaps limit our time on them. But an interesting fact is that studies show that those who participate in weekly religious services tend to be happier. Once again, we are reminded of the importance of worship, praise, and fellowship, not only in our spiritual wellbeing, but our mental health as well. Unfortunately, along with increased device usage we have seen a decline in weekly church attendance. I guess the challenge is to get people to understand the value and importance of disconnecting with their devices so that they can connect with others and with God.



## **COMMUNITY DINNER NEWS**

Thank you to everyone that helped in any way to make our August Community Dinner a success! We are seeing an increase in the number of people we are blessing with a hot meal and canned food each month. In August we served 160 meals and 96 bags of groceries were given out. This is only possible because of everyone's generosity with their time and donations.

## **FELLOWSHIP LUNCHEON RESUMES!**

We would like to invite everyone to come out on the third Tuesday of each month and join our Fellowship Luncheon Group. This luncheon was previously known as the Senior's Luncheon but the name was changed to include anyone that would like to attend. The luncheon on Tuesday, September 19 will be our planning luncheon and will take place in the Fellowship Hall at 11:30. Everyone will need to bring their own lunch for this one. We will eat, enjoy fellowship with each other, and plan our future lunches.

## **GRANDPARENT'S DAY**

Grandparent's Day is an official national holiday, signed by President Carter in 1978 and celebrated on the first Sunday after Labor Day. It is a day when we stop and honor grandparents for their contributions to our families. If you are lucky enough to still have your grandparents, visit them and cherish them while you still can.

“Children's children are a crown to the aged, and parents are the pride of their children.

Proverbs 17:6

## **REMINDERS**

- Flower chart has spaces open, if you would like to provide flowers for worship service please sign up on the bulletin board.
- The nominating committee will be announced after the September Board Meeting.
- Vespers will resume on September 13 at 6:00 pm.

## UPCOMING EVENTS

- 9/4 Labor Day Office Closed
- 9/10 Grandparent’s Day
- 9/11 Elders Meeting 7:00pm
- 9/17 Board Meeting 7:00pm
- 9/19 Fellowship Luncheon 11:30 am (Fellowship Hall)
- 9/26 Community Dinner 5:00pm

### HAPPY BIRTHDAY !!!



Baylie Van Hoose	9/5	Robin Wells	9/20
Bruce Batten	9/7	Garland Arnett	9/28
Gerald DeLong	9/11	Ray Nelson	9/29
Josiah Carnes	9/12		
David Deskins	9/12		
Dorothy LaFon	9/20		



Ryan & Melanie Brown	9/29
Ray Nelson & Wittney Youngblood	9/29
Daryl & Alice Ratliff	9/30

### LEADERSHIP

#### Communion Preparation

**Ginger Van Hoose**

#### Elder of the Week

**9/4 James Brown  
 9/11 Paul Corbin  
 9/18 Shalimar LaBreche  
 9/25 Randy Roberts**

#### Serving Deacons

**Andrew Joyce  
 Sabrina Joyce  
 Robin Wells  
 Barbara Deskins**



# September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 CC Barbara	4 Labor Day Office Closed	5	6	7	8	9
10 CC Robin/ Ginger  Grandparent's Day	11 Elders Mtg. 7:00	12	13 6:00 pm Vespers	14	15	16
17 Board Mtg. 7:00  CC Pam	18	19	20 6:00 pm Vespers	21	22	23
24 CC Suzy	25	26 Community Dinner 5:00 pm	27 6:00 pm Vespers	28	29	30

## FIRST CHRISTIAN CHURCH PRAYER LIST As of August 31, 2023

### MEMBERS

Amick, Matt  
Anderson, Greg  
Anderson, Lynn  
Auton, Dorothy  
Batten, Bruce & Dana  
Cantrell, Danny  
Cantrell, Vernon  
Carlson, Dorothy  
Compton, Mary  
Deskins, David & Barbara  
Hamilton, Thelma  
Harrison, Jillian  
Johnson, Randy & Cindy & Family  
Little, Meleta  
Mayfield, Bob  
O'Donnell, Wendy Sturgill  
Perry, Jennifer  
Roberts, Howard  
Runyon, Camella  
Scott, John  
Sharp, Shirley  
Sturgill, Phyllis

### GENERAL

Abney, Kim Wilson (J. Hogg) 3/15  
Akers, Andy (R. Brown) 7/30  
Allera, Bill & Jean(M.Harrison)7/23  
Amick, Jimmy Joe 9/29  
Anderson, Joann (R. Roberts) 10/16  
Baird, Bill (R. Roberts) 8/13  
Baird, Kitty (R. Roberts) 7/27  
Bartley, Ervin (G. Van Hoose) 7/12  
Bartley, Pam 10/19  
Bentley, Ben & Sally (Ginger V.)  
Biliter, Peggy (P. Sowards) 8/21  
Bishop, Dewey (B. Baird) 10/26  
Blackburn, Eugene (L. Compton) 3/15  
Bleeker, Kaleb (R. Roberts) 6/23  
Bostic, Eileen (B. Deskins) 8/6  
Boyd, William (J. Robinson) 3/30  
Bradley, Tammy (J. Robinson) 1/4  
Branham, Betty & Family (H.Brown)  
Cantrell, James (C. Bartley) 10/23  
Carlson, Kevin (R. Wells) 11/30  
Carter, Zac (K. Harrison) 2/17  
Childers, Pauline (C. Bartley) 9/25  
Clark, Bill (P & K Corbin) 8/27  
Coleman, Barbara (C. Bartley) 6/6  
Coleman, Gail (G. Justice) 11/21  
Coleman, Jami (D. Branham) 8/21  
Coleman, Marlester (D. Ratliff) 7/14  
Crotts, Catherine (B. Baird) 11/10  
Damron, Katelyn 12/25  
Daniels, Danny Joe (P. Corbin) 4/24  
Darby, Keith (B. Mayfield) 11/19  
Darko, Jill (J. Hall) 9/20  
DeKlerk, Ann (R. Wells) 11/30  
Deskins, Tim (J. Brown) 8/22  
Dockery, Melissa (G. Van Hoose) 3/6  
Eddington -Cook Family (LaBreche)  
Edmonds, Charles (G. Van Hoose)  
Elswick, Jeremiah (L. Compton)  
Gilliam, Mike & Michelle (H.Brown)  
Gilliam, Nancy (H. Brown) 10/4  
Grigsby, Bryan (J. Robinson) 7/18  
Hall, Eddie (J. Hall) 7/18  
Hall, David (D. Ratliff) 3/16  
Harris, Patty (M. Little) 11/25  
Heilbron, Tom (H. Brown) 7/3  
Howard, Linda (G. Justice) 4/16  
Howard, Marsha (K. Baird) 11/16  
Huebner, Ashlee (M. Huebner) 1/22  
Huebner, Ben (M. Huebner) 1/8  
Huebner, Sutton (M. Huebner) 7/18  
Huffman, Charles (K. Baird) 10/5  
Hunt, Billie (G. Justice) 6/4

Ison, Barbara (S. Huffman) 5/3  
Johnson, Jaclyn (B. Deskins) 8/20  
Jones, Jeff (D. Ratliff) 3/16  
Justice, Bridget (G. Van Hoose) 3/22  
Kanney, Linda & Jerry (J. Brown)  
Kehoe, Sara Walters, (K. Corbin) 11/7  
Kidd, Ryan (S. DeLong) 1/11  
Kruckow, Rich (K. Harrison) 3/28  
Lawson, Amanda (R. Wells) 5/21  
LaBreche, Dennis (S. LaBreche) 4/16  
Lowe, Sandy (J. Perry) 6/27  
Mahn, Isabelle (G. Van Hoose) 7/19  
Martin, Doug (M. Brown)  
Martin, Lori Nichols 12/11  
Matney, Marie (G. Van Hoose) 3/19  
McCoy, Diane 12/18  
McCoy, Ron 1/1 (R. Roberts)  
McNamee, Mary Ann (M. Thompson)  
McDaniels, Brynnix (D. Gibson) 8/22  
McDonough, Theresa (M. Huebner)  
Millie's Family (K. Harrison) 8/20  
Minix, Margaret (R. Brown) 7/30  
Newsome, Chester (D. Ratliff) 3/16  
Owens, Jeannine (G. Van Hoose) 7/15  
Page, John (S. Huffman) 5/10  
Parada, Ibis 12/18  
Pauley, Lucy Waches (L. Davis) 8/6  
Preston, Nikki 12/18  
Puckett, Debbie & Gary (T. Thompson) 8/20  
Ratliff, Grant (A. Byers) 9/18  
Ratliff, Pat (L. Compton) 5/17  
Robinson, Harold (D. Caarnes) 6/4  
Robinson, Jo Nell (B. Robinson)  
Rose, Gary (G. Justice) 8/23  
Rungizl, Sae Lim (B. Robinson)8/20  
Runyon, Glenda (G. Justice) 9/5  
Rutherford, John (S. Sharp) 3/7  
Scott, Andrew (J. Hall) 8/11  
Seticoili, Ryan 1/1 (M. Huebner)  
Settles, Christian (L. Davis) 8/27  
Shearer, Robert Boo(B.VanHoose)8/26  
Skidmore, Tim (S. LaBreche) 2/27  
Slone, Andy (T. Slone) 11/17  
Steitz, Pat (M. Huebner) 3/19  
Stewart, Gary (C. Bartley) 10/23  
Stewart, Janice (S. Huffman) 5/15  
Stratioti, Mark (P. Corbin) 8/20  
Sullivan, Kristin (L. Davis) 9/26  
Sullivan, Kathleen (L. Davis) 8/27  
Swiney, Jason (G. Justice) 7/11/23  
Tackett, Michelle (K. Corbin) 4/24  
Talley, Sharon (R. Wells) 10/10  
Taylor, Kendra (S. Sharp) 10/7  
Thomas, Reba (P. Corbin) 9/29  
Thornsbury, Danny (K. Corbin) 12/2  
Turner, James & Jeweline (H. Brown)  
Zoellers, Dave (G. Van Hoose) 3/15  
Warburton, Betty (K. Harrison) 6/4  
Williams, Patty 1/1 (M. Huebner)  
Wright, Shirley 10/19  
Yates, Derek (J. Robinson) 4/14

### SYMPATHY

The Family of Susan Allan Pope  
The Family of Julius Martin  
The Family of Tony Chapman

### OTHER

The Hungry in our community  
Those dealing with drug addiction  
People of Ukraine  
Civility  
Flood & Tornado Victims  
Victims & Families Affected by Violence  
Preschool Director & Teacher  
People of Mayfield & surrounding area  
People of Maui



Nonprofit Organization  
U S Postage  
PAID  
Pikeville, KY  
Permit No. 13

**FIRST CHRISTIAN CHURCH**  
(Disciples of Christ)  
313 Chloe Road  
Pikeville, KY 41501  
Mike Harrison, Pastor

Email: [fccpikevillerev@gmail.com](mailto:fccpikevillerev@gmail.com)

Phone: (276) 202-2751

Jennifer Branham, Secretary

Email: [fccpikevillesec@gmail.com](mailto:fccpikevillesec@gmail.com)

Office Phone: (606) 437-4527

RETURN SERVICE REQUESTED

FIRST CHRISTIAN CHURCH  
313 Chloe Road  
Pikeville, KY 41501



**Come Worship With Us!**

**Sunday School at 10:00 am**

**Sunday Worship Service at  
11:00 am**

**Wednesday Night Vespers at  
6pm**

*We are called to love God,  
To love Others,  
and to lead Others to Jesus  
Christ.*

If you received this newsletter and would like to be removed from our mailing list, please contact Jennifer at 606-437-4527. If you would like to receive your newsletter via email, please contact Jennifer. Please keep us posted on your address and email, if they change. If others would like to receive this newsletter, please forward us their name and address. If you have news you would like included, contact the office